

HAZARD AND RISK MANAGEMENT (HARM) FORM



Use this form for the management of serious hazards only.

Event Day - Safety Check List (tick as completed ✓)

Co or di na tor	HARM Form completed	<input type="checkbox"/>	CON TRO LLER & COO RDI NATOR	Have read and understood the current Safety Management Plan (SMP). <i>Available from the ONZ website</i>	<input type="checkbox"/>	Co ntr oller	List last minute information or specific hazards for start line briefing.	<input type="checkbox"/>		
	Communication and contact procedures passed on to all event officials	<input type="checkbox"/>		First aid / paramedic personnel known and listed. Location of 1st aid kit known.	<input type="checkbox"/>		Any specific action required due to weather	<input type="checkbox"/>		
	Hazard ID and Emergency Procedure notice completed and posted	<input type="checkbox"/>		<div style="border: 1px solid black; border-radius: 15px; padding: 10px; background-color: #f9cb9c;"> <p style="margin: 0;">Associated Documents</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; border-radius: 5px; padding: 5px; text-align: center;">Hazard ID Notice</div> <div style="border: 1px solid black; border-radius: 5px; padding: 5px; text-align: center;">Emergency Procedure Notice</div> <div style="border: 1px solid black; border-radius: 5px; padding: 5px; text-align: center;">Missing Person Procedure</div> <div style="border: 1px solid black; border-radius: 5px; padding: 5px; text-align: center;">ONZ Events Manual with Standard Operating Practises (SOPs)</div> </div> </div>						
	Wide area map available for rural events (5km radius of the event area)	<input type="checkbox"/>								
	Keys to locked areas for expansive vehicle searches.	<input type="checkbox"/>								

Event Name		AKSS Individual Championship 2026			Date	12/05/2026		
Event description		Forest event for school children			Start and finish times	0900: 1400		
Event Officials <small>(Name & Mobile no.)</small>	Controller	Callum Wishart 020 4145 8348		Location	Land Owner	Woodhill Forest, Nga Maunga Whakhii O Kaipara		
		Planner	Neill McGowan		Event address	Rimmer Road, Helensville		
	Coordinator		Callum Wishart 020 4145 8348		Terrain Type	Forest		
							Event Centre Grid Ref	36°41'35.3"S 174°23'01.8"E
Emergency shelter Provided?		Marquee, school vans			Toilet Facilities	Y	Water (on course)	Y

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Does the area have mobile reception	N	Where is nearest reliable communication site <i>(If no mobile reception)</i>	Inter-team comms with UHF Radios External contact through the use of Starlink
Is there a PLB available? <i>(if required for extraction location on course)</i>	N		
Paramedics: <i>Is there a list of paramedics or a first aid provider available?</i>	Y	Medical & Emergency Facilities <i>(Name, Location Ph Number)</i>	Waitakere hospital 1st Aiders. Callum Wishart

Use a separate sheet for map location and access roads if required.

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Event Hazards

Hazard Identification & Management – include <i>significant</i> hazards only			
<p>Eliminate [E] by ensuring that the hazard no longer exists, or is no longer part of the activity;</p> <p>Minimise [M] by doing whatever can reasonably be done to lessen the hazard, this should be to a point where you no longer consider the hazard to be significant.</p>			
Significant Hazard	[E] [M]]	Management Strategies	Whose Responsibility
R u r a l / P a r k E n v i r o n m e n t	M	Map checked for quality and consistency of mapping, with all hazardous terrain features identified and accurate.	Controller
	M	Courses designed to illuminate hazards where possible in relation to the skill level of competitors.	Planner
	M	Competitors notified of terrain hazards in event information.	Coordinator
	M	Signage and tape used as appropriate in event area on day.	Controller
	M	Get up-to-date site information from landowners.	Coordinator
	M	Vegetation 'runability' and fences identified on map.	Coordinator
	M	Competitors advised to consider eye protection.	Coordinator
	M	Hazardous plants made known to competitors.	Coordinator
	E	Plan courses to avoid flooded waterways and/or provide compulsory safe crossing places.	Planner
	M	Known wasp nests marked on the maps and taped off. Courses designed to avoid them. Some areas should not be used at some times of year.	Controller
	M	Display Emergency Procedure Notice, describing evacuation process.	Coordinator
	M	Hard to see fences marked on map, and taped to enhance visibility in the field.	Controller
<p>Risk: anaphylaxis, sprains, falls, grazes, abrasions, eye danger, and other injuries including serious harm. Drowning.</p>			

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Significant Hazard		[E] [M]]	Management Strategies	Whose Responsibility
W e a t h e r	1. Severe or extreme weather conditions such as wind, rain, snow, sun, heat.	M	Weather forecasts reviewed prior to, and on the day of event to ensure the event can proceed safely.	Controller
		E	Participants' clothing will be checked at the start line, and will not be allowed to start if found inadequate for the conditions.	Coordinator
		M	Shelter provided at event centres.	Coordinator
		M	Drinking water provided at the finish only.	Controller
		E	If necessary, notice of cancellation will be given on the website or facebook as soon as possible.	Coordinator
Risk: Injury from falling branches/trees, hypothermia or hyperthermia.				
P e o p l e	1. Environment, terrain, course technicality not suited to the capability (competency level) of the participants. 2. Participants lost / leaving the mapped area. 3. Insufficient briefing. 4. Pre-existing medical conditions 5. Covid-19 virus transmission	M	Courses have been planned and controlled to cater for the varying levels of orienteering participants expertise	Planner and Controller
		M	The registration process describes course types and terrain for participants to choose as appropriate.	Coordinator
		M	A process allowing participants to declare their medical conditions.	Coordinator
		M	Participants advised to carry a whistle at all times. This is compulsory for secondary schools events	Coordinator
		M	Wide area map available for use on searches.	Coordinator
		M	Missing Person Procedures available.	Coordinator
		M	Participants on course times are monitored.	Coordinator
		M	Safety bearing advertised.	Coordinator
		M	Participants will be informed of last minute and important issues at the start line.	Coordinator
		M	It is mandatory to follow current covid-19 guidelines (as a minimum) published on the ONZ website https://www.orienteering.org.nz/covid-19/	Coordinator
Risk: Participants getting lost and/or exposed to hazardous weather conditions for too long. Participants not knowing the existing hazards. An existing medical condition causing harm while participating.				

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Significant Hazard		[E] [M]]	Management Strategies	Whose Responsibility
Equipment	1. Fire caused by vehicles and equipment. 2. Electrocution 3. Trip hazard 4. Tents failing and equipment falling or blown about in strong winds.	E	Fire extinguishers available at every event in the forest.	Coordinator
		M	Cables are positioned and protected so they are not a tripping or electrical hazard	Coordinator
		M	Tents and equipment inspected, fit for purpose and adequately anchored in the event of strong winds or equipment bumped into.	Coordinator
Risk: Fire. Injury or serious harm caused by equipment.				
Built Environment	1. Potential for traffic collisions between competitors and vehicles, or between vehicles (including bikes). 2. Collisions between people.	M	Traffic control measures have been put in place by a suitably qualified person.	Controller
		M	Instructions have been issued regarding the road crossing procedure.	Coordinator
		M	Competitors were notified in event information and as part of briefing that public roads may be open and to be aware of vehicles. Where appropriate 'No timing' zones for competitors designed.	Coordinator
		M	The road crossings will be manned to assist and ensure compliance.	Coordinator
		M	Marshalls in the parking area directing traffic as appropriate.	Coordinator
		M	Warning signs for traffic and the general public.	Coordinator
		M	Participants have been informed and warned of the presence of other land users, and to give due consideration to others.	Coordinator
		E	Separating elites from children / elderly in time or space. If possible, plan course to have the similar direction of flow, especially near start / finish or other high use parts of the map.	Controller
Risk: Injury caused by being hit by a moving vehicle (including a bicycle), or hitting another person.				

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Emergency Plan		
Ensure everyone knows what to do in case of an emergency such as, where the emergency equipment is including; a communication device and first aid kit.		
		Equipment/people required
Death: <ol style="list-style-type: none"> 1. Controller assumes command role. 2. Keep others physically safe, and informed. 3. Police notified. 4. Treat body with respect and leave protected from elements but undisturbed for police investigation. 5. Immediately end the Event, all evacuate or as Police directs. 6. Request confidentially from all involved so police can notify immediate family. 7. Organise Debrief and counselling. 8. Appropriate paperwork completed. Notify ONZ 		<ul style="list-style-type: none"> ● Mobile phone(s) ● A first aid provider in attendance.
Major Injury (Head injuries, fractures, etc): <ol style="list-style-type: none"> 1. Controller assumes command role. 2. Keep others physically safe and informed. 3. Call ambulance. 4. Protect scene. 5. Remove affected person(s) and discuss situation. 6. Organise debrief and counselling 7. Complete appropriate paperwork. 8. Notify ONZ. 		<ul style="list-style-type: none"> ● First aid kits. Whistles carried. ● A first aid provider in attendance. ● Emergency shelter/vehicle. Comms to Emergency Services.
Minor injury/illness (sprains, eye injury, grazes, etc): <ol style="list-style-type: none"> 1. First aid person assumes command role. 2. Provide first aid and shelter as required. 3. Keep others safe, and secure the area of the injury. 		<ul style="list-style-type: none"> ● First aid kits. ● Whistles carried. ● First aider attendance. ● Emergency shelter/vehicle.
Medical condition arising: <ol style="list-style-type: none"> 1. First aid person assumes command role. 2. Provide first aid and shelter as required. 3. Assist with administration of any medications. 4. Call ambulance if necessary. 5. Complete appropriate paperwork. 		<ul style="list-style-type: none"> ● First aid kits. Whistles carried. ● Personal medications. A first aider in attendance. ● Comms to Emergency Services.
Weather related illness/condition: <ol style="list-style-type: none"> 1. First aid given. Ambulance notified if necessary. 		<ul style="list-style-type: none"> ● First aid kits. ● Personal medications. ● Comms to Emergency Services.
FIRE, EARTHQUAKE, NATURAL DISASTER Note the following needs to be flexible and common sense should prevail depending on the situation. <ol style="list-style-type: none"> 1. On notification of a fire threat or situation putting participants' safety seriously at risk, the Controller assumes command role. 2. Ensure everyone is removed from immediate danger. 3. In an emergency dial 111 if this has not already been done. 4. Determine a safe assembly point and exit route as soon as possible (upwind from any fire). 5. Activate warning system by having cars, bikers or runners moving along safe roads and tracks continuously sounding car horns or air horns. They can collect participants en route and return them to the event centre of safe assembly point. 6. Exit Route should be determined according to the circumstances on the day, with signage if necessary. 7. Controller should ensure everyone is accounted for and someone signs off participants as they leave. 		
Sign Off		
Coordinator: Callum Wishart	Controller: Callum Wishart	Planner: Neill McGowan