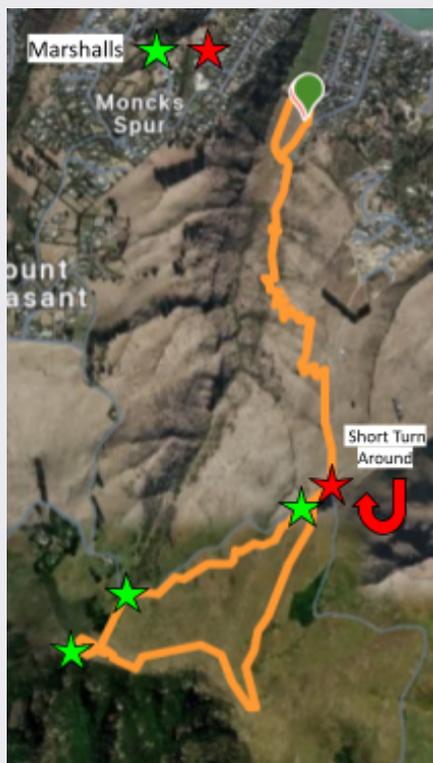


Race 1 - Wed 7th May - Mount Pleasant



Parking in Barnett Park carpark or along Wakatu Ave & Bay View Road

Toilets at North end of Barnett park (600m)

Registration at end of Bay View Road

Long Route 7.96km / 489m of climb

Short Route 4.39km / 320m of climb

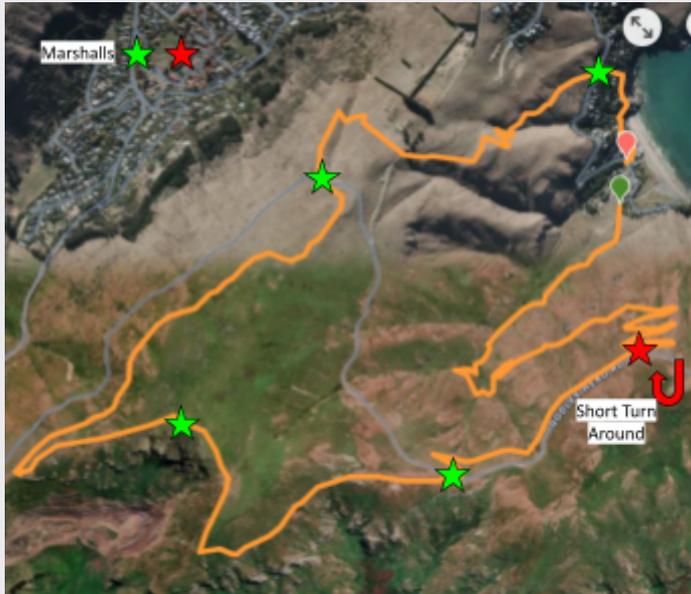
Route Info - (same as 2023 edition)

- Start at end of Barnett park/Bay View Rd
- Up Eastenders Track
- Along gravel road (Short course turn at the Summit Road & same return down)
- Across Summit Rd onto Knapsack
- Up fence line to Mt Pleasant trig
- Down greenwoods track onto 4WD road
- Across Summit Rd
- Back down Eastenders Track

Long Route: <https://www.wikiloc.com/trail-running-trails/king-and-queen-of-the-crater-mt-pleasant-204103062>

Short Route: <https://www.wikiloc.com/trail-running-trails/king-and-queen-of-the-crater-mt-pleasant-short-204472003>

Race 2 - Wed 14th May - Scarborough Hill



Parking in Taylors Mistake Beach Carpark

Toilets at Taylors Mistake Public Toilets (100m)

Registration at the South East end of Taylors Mistake Carpark

Long Route 9.18km / 357m of climb

Short Route 5.32km / 151m of climb

Route Info - (New Route!)

- Follow Taylors Escape all the way to the summit road (Short course to turn at Marshal just below the summit road - see map)
- Cross Summit Road
- Follow Crater Rim Walkway westward to the top of Scarborough hill
- Continue westwards on the Crater Rim Walkway
- Turn onto Godley Head MB track and follow until the fence line
- Turn onto unnamed track and head north to the Summit Road
- Cross the summit road and continue on unnamed track
- Turn right (East) onto Scarborough Bluffs Track.
- Follow Scarborough Bluffs Track to Taylors Mistake Road.
- Cross Taylors Mistake Road
- Go down the 193 steps path.
- Turn right onto Taylors Mistake Track back towards the Car Park.

Long Route: <https://www.wikiloc.com/trail-running-trails/king-and-queen-of-the-crater-scarborough-hill-204102513>

Short Route: <https://www.wikiloc.com/trail-running-trails/king-and-queen-of-the-crater-scarborough-hill-short-204474873>



Race 3 - Wed 21st May - Mount Vernon



Parking on Albert Terrace or adjacent roads



Toilets at Hansens Park (1.1km)

Registration at the end of Albert Terrace

Long Course 7.64km / 435m of climb

Short Course 3.34km / 228m of climb

Route Info (Same as 2023 edition):

- Start at the end of Albert Terrace
- Along track to small unnamed single track (different from 2022) up to Farm track (Short course turn off onto unnamed track down to Gorge Track)
- Up farm track to Summit road
- Up Front of Mt Vernon to the Summit
- Down the crater rim & across the Summit rd
- Down Huntsbury Track
- Right onto the connector
- Left onto Gorge track
- The right option at gorge track split
- Up to Farm track
- Along farm track
- Back down into gorge track (same track that came up on)

Long Course:

<https://www.wikiloc.com/trail-running-trails/king-and-queen-of-the-crater-2025-mount-vernon-204103066>

Short Course: <https://www.wikiloc.com/trail-running-trails/king-and-queen-of-the-crater-mt-vernon-short-204472289>

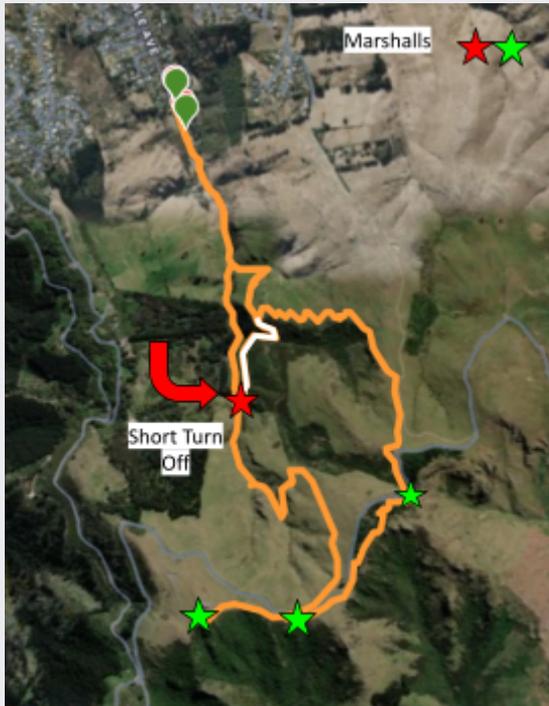


Race 4 - Wed 28th May - Sugarloaf

Parking on Bowenvale Reserve Car Park and Bowenvale Ave.

Registration in Bowenvale Reserve Carpark.

Toilets at Holliss Reserve (1.4km) from registration.



Long Course 8.87km / 660m of Climb

Short Course 3.33km / 132m of Climb

Route info - (different descent from 2023 edition)

- Up Bowenvale Valley Track to Summit Road (Short course to turn off onto hidden valley track)
- Cross Summit Road onto Cedrics Track
- Follow unnamed track to Summit Return down unnamed track to Summit Road
- Then join onto the Crater Rim Walkway heading NE
- Cross Summit Road onto the Bowenvale Traverse Mountain Bike Track
- Turn onto Huntsbury Track Fourpause
- Go down the zig zag track
- Turn on to Hidden Valley Track
- Follow Bowenvale Valley Track back to Start/Finish

Long Course: <https://www.wikiloc.com/running-trails/king-and-queen-of-the-crater-sugarloaf-203709010>

Short Course: <https://www.wikiloc.com/trail-running-trails/king-and-queen-of-the-crater-sugarloaf-short-204474906>

PURE
SPORTS NUTRITION



SOX
FOOTWEAR

Real Meals
FREEZE DRIED

Rules

1. Listen to all organiser & helper instructions, especially at the briefing & road crossings
2. Follow the race route described in the briefing and on the website + emails. Exit course may result in disqualification
3. Tracks aren't closed - Respect other track users.
4. You must go through the checkpoint at the top of the mountain for the long course, a mark will be left on hand for proof of completion. The short course will get a mark in a different colour from the turn around marshal.
5. Participants must carry a headtorch. It is recommended they carry extra batteries if required.
6. It is the participants responsibility to carry/wear appropriate clothing for the event. In bad weather conditions where the race is still going ahead it may become compulsory to carry a rain jacket. Participants will be told in the pre race email if this applies.
7. No headphones etc to be used as roading crossings are involved and skinny tracks.
8. Unfortunately no dogs allowed as all tracks are thin, making it quite dangerous for all.

